

Better sleep for a better life

EQUIPMENT CLEANING & MAINTENANCE GUIDE

Maintaining your CPAP equipment prolongs its life and provides a fresh, healthy therapy experience.



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MASK CARE

PUMP CARE

Daily:

- Remove mask cushion or mask pillow and wash in warm soapy water. Rinse and air dry away from direct sunlight.
- If your mask has a grey foam cushion, wipe with a light damp cloth (do not immerse grey foam in water).

Weekly:

- Disassemble mask completely and clean in warm soapy water. Rinse and air dry away from direct sunlight.
- Wash headgear in warm soapy water. Rinse and dry away from direct sunlight.



Tips:

- Inspect mask regularly for any cracks, tears or general wear and tear.
- Replace parts as necessary.



Increase the life of your mask with high quality and affordable spare parts from MCS Australia. We stock a wide range from the biggest manufacturers in the industry, such as ResMed, Fisher & Paykel and Phillipps Respironics.



- Dust and wipe over your CPAP pump with a light damp cloth.
- Run warm soapy water through CPAP tubing/hose. Rinse and hang to air dry away from direct sunlight.

Daily:

- If tap, filtered or cooled boiled water is used, empty water chamber daily and wash in warm soapy water. Rinse and air dry and refill every day before use.
- If distilled water is used, top up water chamber daily (water is not required to be changed daily).

Monthly:

- Check pump filter (located at back of pump) and replace as necessary.

Weekly:

- If distilled water is used, empty water chamber weekly and wash in warm soapy water. Rinse and air dry.

Tips:

- Inspecting CPAP tubing/hose regularly for any signs of holes, bacteria build up or general wear and tear.
- Replace as necessary.



After continued use your cpap machine filters will begin to show signs of wear and discoloration. Replacing your filter is a quick and easy way to improve air quality and keep your device running longer and more efficiently.

PRODUCTS

Soap:

- Use mild soap/dishwashing liquid/detergent that doesn't contain alcohols, fragrances, moisturisers and oils.

Water:

- To prolong the life of your water chamber, distilled water is recommended, particularly if you have a disposable water chamber or one with an aluminium base.
- Tap, filtered or cooled boiled water may deteriorate the base of your water chamber quicker due to the mineral content in these types of water. This is particularly true for disposable or aluminium chambers.

Tip:

- Cleaning wipes are a fast, easy and convenient way to remove dirt and oils from your mask without hardening or deteriorating any parts.



When you need high quality and affordable CPAP therapy supplies, look no further than MCS Australia. Our sleep specialists are committed to ensuring you are well-rested and ready to take on the next day.